Evaluating the Significance of Artificial Lighting for Sexually Abused Victims in Trauma Treatment Centers

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Abstract - The research investigates the importance of artificial lighting in trauma treatment centers catering to sexually abused victims. By focusing on the impact of lighting design on emotional well-being and recovery, the study explores therapeutic benefits through a mixed-methods approach combining quantitative data from questionnaires and qualitative insights from observations. Key elements examined include effects on circadian rhythm, relaxation, stress reduction, visual comfort, and emotional and psychological support.

Keywords - Trauma treatment Centers, Abused victims, Artificial Lighting